

Connecting Through the Lord's Supper

Matthew 26:17-30

1. By Doing the Lord's Supper I am Real with God

- a. Remember the change from the Passover Feast to the Lord's Supper
- b. Trust in God by–
 - Believing in Faith
 - Living in Obediance

DISCUSSION: How do you know that your relationship with God is real? Why is taking the Lord's Supper so important in your relationship with God?

DISCUSSION: How are you living your life in faith being that you are a part of God's family and able to participate in the Lord's Supper? How are you living in obedience? What changes in your life do you need to make?

2. By Taking the Lord's Supper I am Real with Myself

- a. Take inventory and analyze your life.
 - Ask - what has God released me from?
 - Ask - what am I trying to hold on to?

Exodus 16:3 – It was better in bondage!

- b. Take time to restore relationships.

...."Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift. Matthew 5:23-24 NIV

DISCUSSION: Answer the above questions honestly. If you need to think about it for a while that's OK. Don't just make something up.

DISCUSSION: Are there people in your life that you need to settle things with whether it be friends or family? How have you avoided making them right? What do you feel is the next step that you need to take in order to bring restoration to that relationship?

3. By Sharing in the Lord's Supper I am Real with Others

- a. I ask for and give forgiveness
- b. I give and receive the Lord's Supper

DISCUSSION: Talk to the group about any experiences you had during the Lord's Supper on Sunday wither with God or people you shared with.

For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me." 1 Corinthians 11:23-24 NIV

Before you eat, thank God for what He has delivered you from. - Eat

In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me." For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes. 1 Corinthians 11:25-26 NIV

Before you drink, thank God for what He has adopted you into. – Drink

DISCUSSION: Into what have you been adopted? Do you feel that there is a real difference in your life because of Christ? Why?

PRAYER PROJECT: Spend 5-7 minutes alone with God and ask Him to show you what areas you still have yet to release to Him and what He would like for your next step to be. Take another 5-7 minutes to thank God for all of the things He has saved you from.