

# The Glamorous Life

## Why the Christian Life Beats the Glamorous Life

As a Christian I can:

### 1. Leave the worrying to God

“Then, turning to his disciples, Jesus said, ‘That is why I tell you not to worry about everyday life—whether you have enough food to eat or enough clothes to wear. For life is more than food, and your body more than clothing. Look at the ravens. They don’t plant or harvest or store food in barns, for God feeds them. And you are far more valuable to him than any birds! Can all your worries add a single moment to your life? And if worry can’t accomplish a little thing like that, what’s the use of worrying over bigger things?’” Luke 12:22-26 NLT

My worry level is a:                    1                    2                    3

**DISCUSSION:** How much time and attention do you give to worry? What are some things that cause you to worry?

### 2. Trust that God cares about every aspect of my life

“Look at the lilies and how they grow. They don’t work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. And if God cares so wonderfully for flowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?” Luke 12:27-28 NLT

God cares about my finances, relationships, health, happiness, loneliness, and hopelessness.

**DISCUSSION:** How has God cared for you over the last 12 months? How has He cared for you during the times when you were worrying?

**DISCUSSION:** Why do you think that you continue to worry? What has happened in your life that has caused you to worry, especially about money?

**DISCUSSION:** Why do you think that God asks us to not worry? Do you consider it a sin to worry?

### **3. Discover that God will meet my needs when I have my priorities straight.**

“And don’t be concerned about what to eat and what to drink. Don’t worry about such things. These things dominate the thoughts of unbelievers all over the world, but your Father already knows your needs. Seek the Kingdom of God above all else, and he will give you everything you need.”  
Luke 12:29-31 NLT

**DISCUSSION:** Do you really believe that God wants to meet your needs? Why is it hard for you to believe that He can give you physical blessings?

**DISCUSSION:** In what ways are your priorities straight? Not straight?

### **4. Experience the freedom that comes from letting go of temporary things and embracing eternal treasures**

“So don’t be afraid, little flock. For it gives your Father great happiness to give you the Kingdom. Sell your possessions and give to those in need. This will store up treasure for you in heaven! And the purses of heaven never get old or develop holes. Your treasure will be safe; no thief can steal it and no moth can destroy it. Wherever your treasure is, there the desires of your heart will also be.” Luke 12:32-34 NLT

**DISCUSSION:** What do you need to release to God in order to experience the freedom that He promises?

**PRAYER PROJECT:** Spend 5 minutes asking God what you need to release to Him. Also ask Him to show you why you have not yet released it so you can figure out how to let go of it.

