

# LOUD

## YOUR SOUL IS SCREAMING ... FORGIVE ME!

### 1. EVERY SOUL STRUGGLES WITH PERSONAL GUILT AND SHAME.

We binge	We buy	We busy ourselves
We blame	We break	We bury

*Have mercy on me, O God, because of your unfailing love. Because of your great compassion, blot out the stain of my sins. Wash me clean from my guilt. Purify me from my sin. For I recognize my rebellion; it haunts me day and night. Against you, and you alone, have I sinned; I have done what is evil in your sight. You will be proved right in what you say, and your judgment against me is just. For I was born a sinner—yes, from the moment my mother conceived me. Psalm 51:1-6 NLT*

**DISCUSSION:** What is your way of filling your life instead of dealing with your guilt and shame? What do you use in order to hide and cover so that others won't see your sin?

**DISCUSSION:** In what way does your method of filling your life with distractions specifically relate to your sin?

### 2. EVERY SOUL HAS A DEEP DESIRE TO BE FORGIVEN.

*Forgive me... O God who saves; then I will joyfully sing of your forgiveness. Psalm 51:14 NLT*

*Purify me from my sins, and I will be clean; wash me, and I will be whiter than snow. Oh, give me back my joy again... Don't keep looking at my sins. Remove the stain of my guilt. Psalm 51:7-9 NLT*

**DISCUSSION:** When you take the time to reflect on your sins, can you feel the desire to be free from the burden it places on you? What is that experience like for you? How do you react to the burden of your sin? To what degree are your burdens either light or heavy?

### 3. EVERY SOUL HAS A DESIRE TO BE RENEWED BY GOD.

*Create in me a clean heart, O God, and renew a right spirit within me. Psalm 51:10 ESV*

**DISCUSSION:** How do you experience God's renewal of your soul? In what way does God uniquely minister to your soul?

#### 4. EVERY SOUL HAS A DESIRE TO BE RECONNECTED WITH GOD.

*Create in me a clean heart, O God. Renew a loyal spirit within me. Do not banish me from your presence, and don't take your Holy Spirit from me. Restore to me the joy of your salvation, and make me willing to obey you... Psalm 51:10-12 NLT*

**DISCUSSION:** Do you have a difficult time feeling forgiven of your sins? Why or why not? Are you easier or harder on yourself than God is when it comes to your sin? Do you feel like God wants to restore a relationship with you?

HOW CAN I BE FORGIVEN?

I CAN ONLY BE FORGIVEN BY TRUSTING IN CHRIST

*You were dead because of your sins...Then God made you alive with Christ, for he forgave all our sins. He canceled the record of the charges against us and took it away by nailing it to the cross. Colossians 2:13-14 NLT*

*...For you were buried with Christ when you were baptized. And with him you were raised to new life because you trusted the mighty power of God, who raised Christ from the dead. Colossians 2:12 NLT*

**PRAYER PROJECT:** Take 5-7 minutes to be quietly alone with God and reflect on the fact that you were born into a spiritual separation from Him and that only through Jesus Christ can you be reconciled. Talk to Him about how that makes you feel. Next, take another 5-7 minutes and ask Him to what degree is your life committed to carrying out God's plan to help others reconnect with Him as a part of His main story of reconciliation. Share your experience with the group.